

## Module 1

Values based reflection and interests profile

Self- EILM Questionnaire

Appreciative Inquiry

Persona Canvas

Dream your Dream

Skills and Talents Matrix

## Module 2

Brainwriting

What do I like Doing

Lost in the Moon

Escape the Career Labyrinth

SWOT Careers

Enigma Challenge

Circles and Clock

Personal Kanban Board

Daisy of Possibilities

Disney Role Play

## Module 3

Motivation on Social Media

Instant Influence

Passion Venture City Tours

Entrepreneurial Skills Marketplace

Crafting your personal brand

Overcome the Fears of Searching for a Job

## Module 4

Styles of communication

Active Listening

Desk Research

Informational Interviews

Relationship Map

Mentoring and Sponsorship

**DIGITAL  
EMPOW** 